

WEEKLY THEME:

ANIMALS

Developed by Iris Ostrin

DAY ONE: LIONS, TIGERS, AND BEARS OH MY!

SESSION 1

STARTER: Today we will be talking about **Jungle Animals**. Who lives in the jungle? What do they eat? How do they look? What do they sound like? Either you can make the animal sounds for your kid to guess, or you can use this clip for them guess the animal.

**Choose 2-3 activities for 20 minutes each, with short transition breaks in-between*

JUNGLE YOGA: <https://www.youtube.com/watch?v=C4CaR0syf1g>

ARTS & CRAFTS

1. *Paper plate animals* as seen here:
<https://www.firstpalette.com/craft/paper-plate-animals.html>

2. *Lions, Tigers, and Bears* half paper plates as seen in photo.

3. *Have fun mixing up their bodies.*
Print and color-
<https://www.allkidsnetwork.com/worksheets/animals/mix-match/lions-tigers-bears-mix-match.asp>

4. *Foot animals* – step into paint and let it dry and create an animal!
As seen here: <https://funhandprintartblog.com/wizard-of-oz-footprint-puppets.html>

LEARNING

National Geographic Kids
Brown Bear:
<https://kids.nationalgeographic.com/animals/mammals/brown-bear/>
Lion: <https://kids.nationalgeographic.com/animals/mammals/lion/>
Tiger: <https://kids.nationalgeographic.com/animals/mammals/tiger/>

ACTIVITY

Sorting: Take your own animals stuffed/toy and make a jungle.



MATERIALS NEEDED

- Paper plates (or regular paper cut into a circle)
- Toilet paper rolls
- Paint
- Popsicle sticks
- Googly Eyes
- Scissors
- Glue
- Colored Paper
- Markers/Crayons

OUTDOOR
ACTIVE

Collect leaves and branches – and explore the area around you. While you do that you can think of all the sounds jungle animals make.

SESSION 2

**Choose 2-3 activities for 20 minutes each, with short transition breaks in-between*

MAKE YOUR OWN JUNGLE

1. Take the leaves and branches from outside and glue them in an old shoe box (or on paper) and make a jungle. You can add animals by drawing them or using cutouts from [teatimemonkeys.com](https://www.teatimemonkeys.com/jungle-animals-printable-stick-puppets/): <https://www.teatimemonkeys.com/jungle-animals-printable-stick-puppets/>
2. Use playdough to create the scene of a jungle or the animals or use magazines to cut out images of animals, trees, and other Jungle items.

ANIMAL STOMP

Grab some empty tissue boxes, decorate as tiger paws, zebra, elephant or any other jungle animal and have fun stomping around the house!

READING WITH BOOKFLIX

Listen to books [about bears](#):
Listen to a story [about Jane Goodall](#)

MATERIALS NEEDED

- Shoe box
- Paper
- Glue & Scissors
- Markers/Crayons
- Play-dough
- Magazines



INDOOR
ACTIVE

GOING ON A BEAR HUNT

You can walk around the house and go on a bear hunt making different rooms different adventures that you need to get through.

You can alternatively hide a stuffed bear somewhere in the house and take turns looking and hiding it.

FOOD

Snack – banana and granola bar
Lunch – ‘zebra/tiger’ grilled chicken and rice
Snack – ants on a log (celery, peanut butter, and raisins) and ‘twigs’ (pretzels)
Dinner – mac n’ cheese with animal pasta

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DAY TWO: FROM EGG TO CREATURE

SESSION 1

STARTER: Which came first – the chicken or the egg? Where does a butterfly come from? A frog? Etc. We are going to learn about the stages in which an animal grows – specifically - **Caterpillar to Butterfly** and **Tadpoles to Frogs**.

**Choose 2-3 activities for 20 minutes each, with short transition breaks in-between*

CATERPILLAR TO BUTTERFLY

Read or listen to 'The Very Hungry Caterpillar' - <https://www.youtube.com/watch?v=75NQK-Sm1YY>

Create your own caterpillar - as seen in photo

Make a butterfly - take a piece of paper and cut it into a butterfly shape. Place paint on one side of the butterfly and fold in half. To get an idea of what it should look like check out this link: <https://supersimple.com/article/butterfly-symmetry/>

Caterpillar math - Here are a variety of math sheets you can do with your child. Pick one that best fits your child's age. <https://www.twinkl.com/resources/t-v-story-books-story-primary-resources-english-key-stage-1/the-very-hungry-caterpillar/the-very-hungry-caterpillar-numeracy>.

Recreate the book - You can create the book by making one apple, two oranges, and so on. You can use this PDF from rattlebabblebattle.com - <http://rattlebabblebattle.com/wp-content/uploads/2018/02/FEEDER.pdf>



MATERIALS NEEDED

- Egg carton
- Pipe cleaners
- Paint
- Googly Eyes
- Scissors
- Glue
- White paper

INDOOR
ACTIVE

Look around the house for the different things the caterpillar ate – or better yet – make up different things he may have eaten with things you have in the kitchen (real or toy)

SESSION 2

**Choose 2-3 activities for 20 minutes each, with short transition breaks in-between*

TADPOLES TO FROGS

Learn about different types of frogs - <https://kids.nationalgeographic.com/animals/amphibians/>

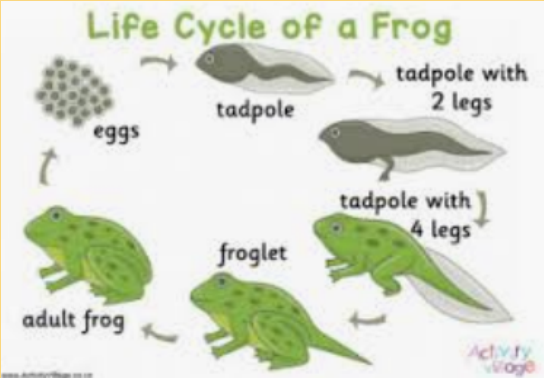
Craft - Make an origami jumping frogs - <https://www.redtedart.com/easy-jumping-frog-origami/>

Sings songs - The Little Green Frog - <https://www.youtube.com/watch?v=nB28yApbQ1I>
AND Five Little Specked Frogs - <https://www.youtube.com/watch?v=VqM8lijwED8>

Tadpole to frog - Puzzle - <https://viewsfromastepstool.com/frog-life-cycle-printable-puzzle/>

Reading with Bookflix

1. <https://bookflix.digital.scholastic.com/pair/detail/bk0011pr/start?authCtx=U.642726498>
2. <https://bookflix.digital.scholastic.com/pair/detail/bk0052pr/start?authCtx=U.642726498>



OUTDOOR
ACTIVE

Play leapfrog – one person jumps over another person like a frog. You can use objects to jump over too.

FOOD

Snack – a fruit from the hungry caterpillar and string cheese

Lunch – caterpillar pancakes (silver dollar size and line them up like a caterpillar) use veggies for eyes

Snack – anything green (like a frog) green grapes or apples and yogurt

Dinner - Sandwich that looks like a frog (deli meat or cheese in the middle, black olives for eyes, and red pepper for a tongue)

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DAY THREE: NOISES OF THE NIGHT

SESSION 1

STARTER: Today we will be exploring **nocturnal animals**. When do you sleep? (day or night) Does everyone sleep at night? Does everyone sleep at night? What animals can you think of that sleep at night? Do you know why? Let’s find out who sleeps at night and why?

Here is a list of all nocturnal animals - https://en.wikipedia.org/wiki/List_of_nocturnal_animals

We will be discussing and doing some crafts with the following: owls, bats, and raccoons – feel free to add more if you want!

OWLS

1. **Learn:** <https://kids.nationalgeographic.com/animals/birds/great-horned-owl/>

2. **Craft:** With celery, as seen here: <https://www.craftymorning.com/celery-stamped-owl-craft-for-kids/>

3. **Reading with Bookflix:** <https://bookflix.digital.scholastic.com/pair/detail/bk0016pr/start?authCtx=U.642726498>

RACCOONS

1. **Learn:** <https://kids.nationalgeographic.com/animals/mammals/raccoon/>

2. **Craft:** Make a racoon from just hearts! As seen here: <https://www.craftymorning.com/paper-heart-raccoon-craft-for-kids/>

3. **Read:** The Kissing Hand – <https://www.youtube.com/watch?v=dPUW1t9Gu4s>

BATS

1. **Learn:**

a. <https://kids.nationalgeographic.com/animals/mammals/vampire-bat/>

b. <https://kids.nationalgeographic.com/explore/5-reasons-why-hub/5-reasons-bats-are-best/>

2. **Craft:** As seen here: <https://buggyandbuddy.com/hanging-bat-craft-kids/>

3. **Read:** Bat Loves the night - <https://www.youtube.com/watch?v=T7b0NeZiLyE>

MATERIALS NEEDED

- Colored paper
- Black paper
- White paper
- Celery
- Paint
- Googly Eyes
- Scissors
- Glue
- Toilet paper roll
- Pipe cleaners

OUTDOOR
ACTIVE

Blindfold one person and the other person will direct the blind folded person on where to go. Make sure they don’t bump into anything! While you are outside, get some sticks for the afternoon craft! This can also be done indoors.

SESSION 2

**Choose 2-3 activities for 20 minutes each, with short transition breaks in-between*

EYES OF THE NIGHT

Arts & Crafts

Nocturnal Night as seen here:
<http://www.sturdyforcommonthings.com/2012/11/nocturnal-storytime/>

Activity

For TV time watch "The Magic School Bus Goes Batty".
<https://www.dailymotion.com/video/x6o5wu0>
The following activity will help them explore how echolocation works. The kids can work in together. Blindfold one while other hold the two ends of the box lid, rolling the marble back and forth. The blindfolded child tries to listen to the ball rolling and then tries to grab it using only the sound. Like echolocation, the sound is the only thing they must "see" where the ball is rolling just like a bat.

MATERIALS NEEDED

- Black paper
- White paper ripped to pieces
- Sticks
- Glitter
- White or yellow paper (for a moon)
- Googly Eyes
- Scissors
- Glue
- Shoe box lid
- Marble (or small ball)
- Blindfold

INDOOR
ACTIVE

Hide and Seek in the dark: Turn off all the lights and have one person hide something and make the other person find it with a flashlight!

FOOD

Snack – Owl rice cake (rice cake, peanut butter, cheerios, apples, banana, carrots, and blueberries or raisins) OR just rice cakes and fruit
Lunch – Spaghetti and meatballs
Snack – Spider cookies – Oreo's, pretzel sticks for legs and any fruit on hand
Dinner - Tacos - black beans, taco shells, cheddar cheese, shredded lettuce



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DAY FOUR: COMMOTION IN THE OCEAN

SESSION 1

STARTER: There are so many kinds of **Ocean Animals**. Can you think of some? There are fish, whales, dolphins, sharks, turtles, jellyfish and so much more. Of each of those there are different kinds as well, for example – blue tang fish and clown fish. Humpback whales and Orca whales. And more! Today we will be exploring different kinds of ocean animals.

**Choose 2-3 activities for 20 minutes each, with short transition breaks in-between*

MORNING YOGA

Yoga underwater with Cosmickids: <https://youtu.be/0hvwLdk5D5g>

READ OR LISTEN TO COMMOTION IN THE OCEAN

<https://www.youtube.com/watch?v=9pRhgZ8Jffs>

ARTS & CRAFTS

Ocean animals

Rainbow fish as seen here: <https://www.easypeasyandfun.com/paper-plate-fish-craft/>

Sea Turtle as seen here: <https://www.craftsonsea.co.uk/sea-crafts-kids-sea-turtle/>

Octopus as seen in picture

Whale as seen in picture



MATERIALS NEEDED

- Paper plate (or paper cut into a circle)
- Colorful paper circles
- Pipe cleaners
- Egg carton
- Googly eyes
- Paint
- Scissors
- Glue

OUTDOOR
ACTIVE

PLAY FISH IN THE OCEAN

Have someone be the shark and everyone else fish. The fish have to try and cross the ocean (a set space that you specify) and not get eaten (tagged) by the shark. If they get caught, then they join the shark to try to catch more fish. Keep playing until everyone is a shark.

SESSION 2

**Choose 2-3 activities for 20 minutes each, with short transition breaks in-between*

ARTS & CRAFTS

Ocean scene – create an ocean scene – this is time to let your kids to create whatever they want.

Suggestions: Cut up fish, Bubbles you can use cheerios or bubble wrap, Seaweed - pipe cleaners or tissue paper

OR create an ocean scene using a blue sheet, ocean animals around the house, and seashells (if you have).

EXPLORE WITH NATIONAL GEOGRAPHIC KIDS

Dolphin Diving Game

<https://kids.nationalgeographic.com/games/action-and-adventure/dolphin-diving/>

Explore the Ocean

<https://kids.nationalgeographic.com/explore/ocean-portal/>



MATERIALS NEEDED

- Blue paper
- Glue
- Bubble wrap
- Cheerios
- Scissors
- Paint
- Colorful paper
- Pipe cleaners
- Tissue paper
- Sand

INDOOR
ACTIVE

Fish, Fish, Shark (aka duck, duck, goose)

Fishy Pokey (aka the Hokey Pokey)

Put your left fin in, take your left fin out

You do the fishy pokey and you turn yourself around that's what it's all about

Put your right gill in, take your right gill out (etc.)

Play Go fish (if you don't have the game you can play with regular playing cards)

FOOD

Snack – Fish crackers and grapes

Lunch – Fish sticks, octopus veg and dip (cut off the top of a pepper and place it upside down into a bowl of chummus or any other dip) then cut up another pepper into slices and place them around as the legs of the octopus)

Snack – Dolphins (bananas) and gold (chocolate coins)

Dinner – Shell pasta and tomato sauce

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EXTRAS

CRAFTS AND ACTIVITIES

STARTER: Here are a few extra things you can add to your week!

SHADOW COLORING

Take paper and toy animals. Place them at the edge of the paper to cast a shadow. Then have your child draw the animal.

ROCK ANIMALS

Find flat rocks and paint them as any animals of your choosing

ANIMAL MASKS

Not so crafty? Download these printables: <https://www.artycraftykids.com/craft/10-printable-safari-animal-masks-for-kids/>

GOOGLE 3D ANIMALS INTO YOUR HOME

Google an animal and have it appear in your home! Works on iPhone and Android. Just click on the “view in 3D” button to launche the AR (Augmented Reality) experience. You’ll also see an overview of what the animal is. There is no official list of animals but these are some ocean animals that have been know to work: Alligator, Angler fish, Emperor penguin, Octopus, Shark, Turtle. (Other animals include Brown bear, Cat, Cheetah, Deer, Dog, Duck, Duck, Eagle, Giant panda, Goat, Hedgehog, Horse, Leopard, Lion, Macaw, Racoon, Shetland pony, Snake, Tiger, Wolf)



BAKING

Baking or creating new things with your kids favorite food can be fun!

ZEBRA COOKIES

<https://jamiiegeller.com/recipes/chocolate-crinkle-cookies/>

SUGAR COOKIES

Cut cookies into shapes of animals: <https://www.allrecipes.com/recipe/9870/easy-sugar-cookies/>

DEVIL EGG CHICKS

As seen in picture

ANIMAL SHAPED FOODS

<https://www.tasteofhome.com/collection/animal-shaped-foods/>



RESOURCES

GREAT RESOURCES

1. <https://kids.nationalgeographic.com/animals/>
2. <https://bookflix.digital.scholastic.com/category/pairs/node-33978?authCtx=U.642726498>
3. <https://switchzoo.com/>